Questions for Carl Greer, PhD, PsyD, author of *The Necktie and the Jaguar*

Q: Why did you title your memoir The Necktie and the Jaguar?

Q: The Necktie and the Jaguar: A Memoir to Help You Change Your Story and Find Fulfillment is your story of making big changes in your life to answer the call of what you say is your "mythopoetic self." Can you explain what that is?

Q: How can changing our stories change our lives?

Q: Part of your story is about service to others. Can you tell us about your service and why you do it?

Q: What is the connection between Jungian and shamanic work that has made both of them valuable for your work helping others—and for your own healing work?

Q: In your memoir, you talk about a few dreams you or one of your clients had that was life-changing. How can a dream change your life?

Q: Many people know they want to change their lives but don't know what they want to create or experience, or at least, they don't have specific ideas. How can a shamanic journey help us to create a vision for ourselves—or as you say, write a new story?

Q: What's the biggest takeaway from your book?