

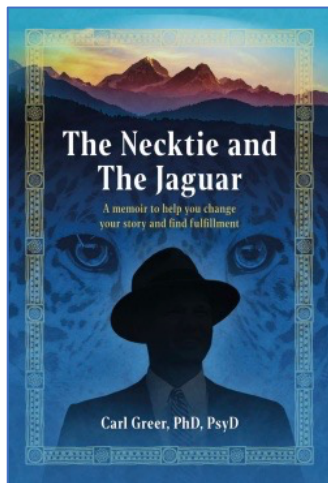
The Necktie and The Jaguar

A memoir to help you change your story and find fulfilment

By Carl Greer

"Carl Greer's life story will inspire you to become your possibilities and develop a deeper sense of grounding and purpose connected to something greater than ourselves."

~ Jon Mills, PsyD, PhD, ABPP, Postgraduate Programs in Psychoanalysis & Psychotherapy, Adelphi University; author of *Inventing God*.



How do you answer the call of your spiritual self? Is it possible to nourish the soul while also meeting your material needs? Can conscious reflection on our lives help us attain the wisdom that will make life's journey a more pleasant one? *The Necktie and The Jaguar* (Chiron Publications, 2021, \$19.95 US) is a thought-provoking memoir that offers the insight of a master in its author Carl Greer.

"In reading his memoir, you get the real sense of being in the presence of a wise man with a fulfilled spiritual existence."

~ Jon Mills, PsyD, PhD, ABPP, author of *Inventing God*

As Greer's remarkable story unfolds, the reader is encouraged to ask questions about their life so they, too, might break from old patterns and live according to the needs of their soul.

"The work of change can be uncomfortable but deeply rewarding." ~ Carl Greer

Greer, a businessman, philanthropist, and retired Jungian analyst and clinical psychologist, describes his early life in a postwar, midwestern, middle-class upbringing tainted by a childhood tragedy that taught him to constrict his emotions. He found career success and built his wealth as the president of an independent oil and gas company. But at midlife, he recognized that his spiritual self was crying out for nourishment and expression.

"Carl Greer's memoir of making radical changes in his life shows that working with various states of consciousness can be extremely helpful in a creative process of personal transformation."

~ Ronald Alexander, PhD, psychotherapist, author of *Wise Mind, Open Mind*

Greer's forays into Jungian analysis and martial arts offered some satisfaction of his longings for purpose and meaning as well as lessons for navigating career challenges. It was his shamanic training, however, that made a profound difference. Greer explains how he answers his soul's needs through spiritual practices such as journeying to transpersonal realms, which led to his reinventing his life and devoting himself to the service of others while living with a deep respect for Pachamama, Mother Earth. Providing at the end of each chapter many thought-provoking questions that are pegged to its themes, *The Necktie and the Jaguar* encourages self-exploration and serves as a testament to the power of self-discovery, offering the reader insight and inspiration. As Carl Greer learned, you don't have to feel trapped in a story someone else has written for you.



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About the Author: Carl Greer, PhD, PsyD, is a retired clinical psychologist and Jungian analyst, a businessman, and a shamanic practitioner, author, and philanthropist. He is the best-selling, award-winning author of *Change Your Story*, *Change Your Life* and *Change the Story of Your Health*. For more information, go to <http://www.carlgreer.com/>

About the Book:

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ISBN:978-1-63051-903-2, 2021

Also available as Ebook

Paperback \$19.95 304 pages, 6x9 in

Chiron Publications